



CAPABLE Core Volunteer

Supervisor and Department: Michael Leach, Program Case Manager: Home Preservation - CAPABLE

Who You Are: You enjoy spending time with older adults while working with your hands. You have a knack for fixing things and want to be a part of a group of like-minded people that share similar values and look for an organization that welcomes everyone to be a part of the mission. You are seeking an opportunity to be part of something larger; more impactful. If this sounds like you, please allow us to introduce ourselves.

Who we are:

Habitat for Humanity of Metro Denver (Habitat Metro Denver) is part of a global, nonprofit housing organization that seeks to put God's love into action by bringing people together to build homes, communities, and hope. Habitat for Humanity was founded on the conviction that everyone needs an affordable, healthy, and stable place to live in dignity and safety, and that affordable housing should be a matter of conscience and action for all.

To achieve our vision of a world where everyone has a decent place to live, Habitat Metro Denver builds, renovates and sells homes in partnership with low- and moderate-income families. The organization also works with existing low-income homeowners in formerly red-lined Denver neighborhoods to do critical home repairs. Throughout its 45-year history, Habitat Metro Denver has served more than 2,500 households and is the 8th largest producer in the Habitat U.S. network.

How We Succeed Together:

Habitat Metro Denver's **Cultural Blueprint** highlights the specific behaviors and mindsets that support our core values and guide day-to-day decisions, behaviors, and interactions of every person within our organization.





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Overview: Habitat for Humanity of Metro Denver (HFHMD) partners with the Colorado Visiting Nurses Association (CVNA) to implement the Community Aging in Place Advancing Better Living for Elders (CAPABLE) program. This program provides occupational therapy, nursing, and home modifications for seniors in the Denver metro area. The goal of the program is to help our clients continue to live safely, comfortably, and affordably in their own homes as they age. This volunteer position would complete half-day or one-day home modifications with our team in partnership with CAPABLE Homeowners.

Main Responsibilities:

- Assist HFHMD staff with small home modification projects.
- Install home modification items that help the clients achieve their mobility goals.
- Provide sensitive and compassionate care to homeowners during installation.
- Install grab bars, interior and exterior handrails.
- Assemble small and large furniture items.
- Move small or heavy items, as needed.
- Work safely with power tools.
- Other tasks, as apply to the project.

Time Commitment: 2-4 days per month with the ability to schedule in advance.

Qualifications:

- Ability to communicate clearly and effectively with older adults.
- General knowledge of home maintenance and comfortable using power tools, preferred.
- Willingness to travel the Denver Metro area to complete home modifications, in personal vehicle.
- Ability to follow through
- Organizational skills, preferred.
- Ability to work directly in the Client's home and able to adjust as needed depending on the environment and condition of the home.
- Ability to work in a fast-pace, constantly evolving environment.
- Ability to solve problems efficiently to maintain forward progress on complicated projects.

Training: Volunteers will receive on-site training from HFHMD staff about the CAPABLE program and will receive instructions for all types of modifications required. Training will include how to provide sensitive care to homeowners during the installation. Volunteers will be trained in the safe operation of all required tools and equipment.

Service Location: Denver Metro area; Client's home

Physical Requirements:

- Ability to lift and move lumber and other materials up to 50lbs.
- Ability to traverse stairs and uneven terrain.



- Ability to use power tools.
- Ability to work on a job site for half day/full day.

Impact: CAPABLE Core Volunteers will increase the capacity of the CAPABLE program, allowing HFHMD to serve more individuals. The CAPABLE program has decreased hospitalization and nursing home stays by improving problem-solving, strength, balance, mobility, and home safety with our clients.

Volunteer Benefits:

- ✓ Camaraderie with a welcoming team of staff and volunteers (including BBQ's/happy hours/formal recognition events)
- ✓ Interact directly with older adults in our community and provide necessary resources to continue living safely and comfortably in their own homes.
- ✓ Habitat swag
- ✓ 25% off select items at the 4 Metro Denver Habitat ReStores
- ✓ Develop professional and leadership skills, such as carpentry and critical thinking
- ✓ Scholarship towards a week-long Habitat Denver Global Village Trip after one year of service